

# Goal Setting Form – Malcolm Munro - 2012

**1. Summarize the outcome:** (what vision do you have for yourself once the goal is accomplished?)

*I will be more professionally-developed. Able to cite specific research. More knowledgeable about my field of study and conversant in others. People will refer to me as "the guy who knows a lot about a lot of different things"*

**2. Now write the goal:**

**S** – Specific:

*This year I will increase my professional knowledge by increasing the amount of books I'm reading*

**M** – Measurable:

*- I will read one book each week this year. These books will be from my field of study and include management, career development, communication, personality, and motivation or skills in teaching, speaking, running a business in, or consulting in these fields. I will allow myself to read one popular novel each quarter. Two books each quarter will be of a spiritual nature. One will be self-help.*

**A** – Aligned:

*This goal is aligned with my chosen field of organizational development/career development.*

**R** - Realistic:

*Absolutley – with the amount of travel time I do and if I choose to read rather than turn on the TV.*

**T** – Time-Bound:

*Between January 1, 2012 and December 31, 2012*

**3. Accountability:** (how will we know you're on track?)

*As part of this process, I will do an additional blog post/email blast with a book summary including the basic plot, key learning, and a recommendation for whom this is a good read.*